



SUBJECT: Move for a mission with me!

Dear [NAME],

I hope you're enjoying the holiday season in all the ways most meaningful to you. Today, I'm excited to share that I am celebrating the season of gratitude by moving with and fundraising for the [Raymond A. Wood Foundation](#): a parent-led, rare disease patient advocacy organization improving the lives of those struggling with the immediate and long-term effects of hypothalamic brain tumors.

I'm inspired to raise funds and awareness for this organization because their crucial mission directly assists rare brain tumor survivors and their caregivers in numerous ways. From providing direct support services to funding life-changing research advancements like an at-home sodium meter, I am proud to join RAWF on their mission to move for 2,023 minutes and raise \$23,000 before the end of 2023.

Physical health and exercise are universally important, especially during this time of year when daylight is limited, the weather is cold, and holiday stresses are everywhere! That's why I have a goal of moving for [Minute Goal] minutes and raising \$[Financial Goal] in support of the physical and mental health of our rare brain tumor community.

It would mean so much to me if you would consider donating to my fundraiser and motivating my month of movement [HERE](#). Thank you in advance for sharing in the real-time change we're having on the lives of those struggling with rare brain tumors.

[NAME]

